



BUILDING MASONRY

COUNCIL OAK LODGE NO. 745 JULY 2025

19780 BRICK ROAD, SOUTH BEND, INDIANA 46619 574.272.4073

... AND GIVE THEM GOOD AND WHOLESOME INSTRUCTION...

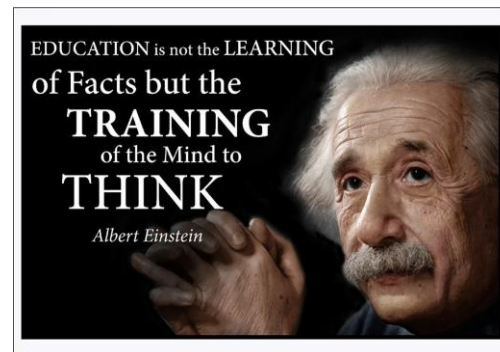


Ruffians are, by their very nature, Fundamentalists. They truly believe a Word exists that, if possessed by them, can be spoken or written to enable them to Travel, Work, Earn, Support and Contribute Masterfully. They don't Understand Metaphor! Hence they pursue what they don't understand with untempered zeal and deadly destruction.

-- Coach John S. Nagy



COL 745 has a booth at the St. County Fair this first week of July! And it's producing results, with potential candidates. Come on out and help with this project!!



CALENDAR FEBRUARY 2024

JULY 7th - STATED MEETING AND DINNER. DINNER AT 6:30 PM. LODGE OPENS AT 7:30 PM

1st - Concord No. 101, R.A.M., Elkhart No 79, R.S.M. and Elkhart No. 31, K.T. NO MEETING. 7:00 PM. At Kane Lodge Hall, Elkhart.

3rd - Mishawaka No. 83, R.A.M. Stated Meeting. Dinner at 6:00 PM. Chapter convenes at 7:00 PM. At the Mishawaka No. 130 Lodge Hall.

9th - Plymouth Chapter, RAM. Dinner at 6:45 PM. Chapter convenes at 7:30 PM. At Plymouth.

10th - Valley of South Bend, AASR. 7:00 PM. At the Scottish Rite Cathedral in South Bend.

14th - Entered Apprentice Degree study. 6:30 PM. At the Lodge Hall.

15th - Zanzibar Grotto. 6:30 PM.

21st - Executive Committee Meeting. 6:30PM. At the Lodge Hall.

28th - Fellowcraft Degree Practice. 6:30 PM. At the Lodge Hall.

!! STATED MEETING AND DINNER !!

MONDAY, JULY 7TH

***DINNER AT 6:30 PM. LODGE OPENS AT 7:30 PM.
GOOD FOOD! ... GOOD EDUCATION! ... OUTSTANDING FELLOWSHIP!!***

***HAPPY
INDEPENDENCE
DAY!!***

It Took 2,000 Years To Become a Bestseller

I was reading the newspaper and came across a list of the best-selling non-fiction books. The top-selling book this week is by Mel Robbins. The title of the book is *The Let Them Theory: A Life-Changing Tool That Millions of People Can't Stop Talking About*.

In the description of the book, it says this:

If you've ever felt stuck, overwhelmed, or frustrated with where you are, the problem isn't you. The problem is the power you give to other people. The Let Them Theory puts the power to create a life you love back in your hands—and this book will show you exactly how to do it.

Since I am interested in self-improvement, I went to Amazon and read the sample provided. I found that basically, The Let Them Theory is to stop obsessing over what people think, say, or do because other people's behavior is outside of your control, and focus on your own.

I immediately realized that I had read something similar before, and it is this:

"The chief task in life is simply this: to identify and separate matters so that I can say clearly to myself which are externals not under my control, and which have to do with the choices I actually control."

This quote is from Epictetus, a Greek Stoic philosopher, and was written down by his pupil Arrian around 108 AD.

The Discourses are set in Epictetus's classroom and are neither formal lectures nor part of his curriculum. They record conversations that took place after formal instruction. They focus on points that Epictetus considered especially important, providing opportunities for friendly discussion with his pupils and for talking about their personal matters. These discussions aimed to demonstrate practical ways of living a morally good life.

Epictetus. like other Stoics. believed that we are not responsible for the ideas others present or their actions. but we are completely responsible for how we interpret those ideas or respond to others' actions. Our happiness in life depends on how well we use what others give us.

So, a new best-selling book presents 2,000-year-old concepts. That's OK. I hope we all pay attention this time.

A final thought from Epictetus: "Keep constant guard over your perceptions, for it is no small thing you are protecting, but your respect, trustworthiness, and steadiness, peace of mind, freedom from pain and fear, in a word, your freedom. For what would you sell these things?"

MIKE @ 365 A MASON

FROM THE BROTHERHOOD

Broken Column: None.

Prayers for **Bro. James Stevens'** father, who has dementia. **Bro. Colton Eades** has a torn bicep. **Bro, Austin Raab's** great grandmother has a gastrointestinal bleed. **WB Rodney Strozewski's** wife, Cheryl, is having bladder issues. **WB Jim Gillen's** spouse is experiencing medical issues.

Pray also for **Bro. David Vaughn, WB Fred Vaughn and Bro. Bart Norville**, who are experiencing various health issues and surgeries.

Please be in Prayer for our Country, our Service Men and Women and our 1st Responders!

July Birthdays: 4th - Christopher Maurer; 6th – Vince Bumbaca; 10th – Howard Bellinger and Scott Braun; 12th – Joel Girard; 16th – Nelson Weaver; 21st – Jeffery Guy and the 22nd - Kenneth Shipley and John Sidorowicz;

Give these Brothers a call and wish them a Happy Birthday or Best Wishes!!

COUNCIL OAK LODGE OFFICERS - 2025

WORSHIPFUL MASTER: James Snyder, PM, 574.520.3335, snyderj24@att.net; SENIOR WARDEN: Charles Yost; JUNIOR WARDEN: Thomas Dolly, PM;
TREASURER: James Gillen, PM; SECRETARY: Anthony Meller, PM, ameller31@yahoo.com; SENIOR DEACON: Colton Eads; JUNIOR DEACON: James Arrvia;
SENIOR STEWARD: Austin Raab; JUNIOR STEWARD: Carl Sabinas, PM; CHAPLAIN: Terrence Vukovits; TYLER: Rodney Strozewski, PM; TYLER EMERITUS: David Vaughn;
TRUSTEES: David Wood, Michael Koziel and Kyle Dolby; PROPERTY MANAGER: Rodney Strozewski, PM; TRESTLE BOARD EDITOR: David Wood, PM, 574.286.5686, dwood52281@aol.com